

# DR. ASHLEY MAGOVERN

MANHATTAN DERMATOLOGY  
MANHATTAN BEACH, CALIFORNIA

American Board of Dermatology



### WHAT IS YOUR APPROACH TO TREATING THE SKIN?

It's all about maintenance. A good skin-care routine is like exercise, and you have to make it a part of your lifestyle in order to see change. It can make a dramatic difference in the way you look over the course of your lifetime.

### WHY DO YOU LIKE USING SCULPTRA?

Traditionally, Sculptra® was used for patients who needed a lot of volume, but I find myself using it more and more in conjunction with other fillers to help create a better canvas and allow for longer-lasting results that are easier to maintain. In my opinion, it's like magic.

### WHAT DO YOU LIKE ABOUT ULTHERAPY?

Ultherapy is a focused ultrasound treatment that we use for lifting and tightening of the face and neck. It can even be used to treat stubborn lines on the chest. We've been seeing subtle, yet really meaningful changes in the facial structure. The eyes look a little more open, the jawline becomes more defined and the neck is tighter. You just look better, like a better version of you.

## COMBINATION TREATMENTS

Dr. Magovern and her team spend ample time with patients explaining all of the different modalities that they offer, as well as what can be done to provide and maintain optimal results. "We've learned so much in recent years about the science of how we age and how we can restore the skin to its natural youthfulness using a combination of treatments," says Dr. Magovern. "When we are able to combine dermal fillers with neuromodulators like Botox, laser treatments like Fraxel and skin-tightening devices like Ultherapy, I think patients are the most pleased with their results. They've called it the 'perfect package.'"



### ONE-OF-A-KIND TEAM

"We are a very happy bunch and I believe that translates to our patient care," says Dr. Magovern. "We also share a common philosophy. Not everyone is looking for the works, and sometimes small changes can have a big impact on patient outcomes. I believe that the comfort level we achieve with our patients is why we were awarded 'South Bay's Best Dermatologist' by *The Daily Breeze* newspaper."

## "MANHATTAN DERMATOLOGY—WHERE YOU GO TO GLOW™" ABOUT ASHLEY MAGOVERN, MD

### SERVICES

- Botox®
- Injectables / Dermal Fillers
- Facial Rejuvenation
- General Dermatology
- CoolSculpting®
- Ultherapy®
- Fraxel® DUAL
- Laser Resurfacing
- Laser Hair Removal
- Clear + Brilliant®
- Removal (Moles, Skin Tags, Birthmarks and other Lesions)
- Skin Cancer Surgery
- Skin Care / Chemical Peels

GROWING UP IN THE MANHATTAN BEACH AREA, DR. ASHLEY MAGOVERN ALWAYS HAD A VISION OF OPENING A COMMUNITY PRACTICE THERE. SPECIALIZING IN BOTH MEDICAL AND COSMETIC DERMATOLOGY, DR. MAGOVERN LOVES SEEING PATIENTS OF ALL AGES, FROM INFANTS TO ELDERLY AND EVERYBODY IN BETWEEN. "WHEN I CHOSE TO BECOME A DERMATOLOGIST, IT WASN'T NECESSARILY TO PERFORM COSMETIC PROCEDURES," SHE SAYS. "I REALLY JUST WANTED TO BE AN EXPERT ON SKIN. BUT AS THE FIELD OF NONINVASIVE COSMETIC PROCEDURES HAS GROWN, I FEEL LIKE I HAVE FOUND MYSELF IN THE PERFECT POSITION TO DO BOTH, AND IT'S REALLY BECOME A PASSION OF MINE."

### HOW WOULD YOU DESCRIBE YOUR TREATMENT STYLE?

Patients all have different goals and expectations and I pride myself on having a genuine intuition about what they are looking for. My approach is gentle, thorough and tailored to fit each individual's needs.

### WHAT MIGHT PATIENTS NOT KNOW ABOUT YOU?

I also serve as the medical director for Dermstore.com. I review skin-care products and write articles, which has been a really great experience for me and keeps me up-to-date. Daily skin care is so important and I love learning about new products.

### WHICH ANTI-AGING SKIN-CARE PRODUCTS ARE BEST TO USE?

It's important to use products with effective ingredients. Look for retinoic acid derivatives (prescription-strength Tretinoin or OTC versions, like retinol); antioxidants, like vitamin C; growth factors; or alphahydroxy acids, like glycolic acid, to stimulate new collagen and cell turnover.

### WHICH NEW FACIAL FILLER ARE YOU EXCITED ABOUT?

Juvederm Voluma™ XC is a new hyaluronic acid filler that was recently approved in the United States for use on the midface. Almost every patient can benefit from filler in the cheek area.

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To learn more about the practice visit  
[manhattan-dermatology.com](http://manhattan-dermatology.com)