



MANHATTAN
DERMATOLOGY

RETINOID INSTRUCTIONS

HOW TO USE TOPICAL RETINOIDS

Tretinoin, Retin-A, Atralin, Tazorac, Differin, Renova, Epiduo, Ziana, Veltin, Refissa

- Your medication may cause irritation. Over time, most people become more tolerant and have less irritation.
- Start using every other night for the first 2 weeks. Increase to every night if tolerated.
- Use only a one pea-size amount to cover the entire face—no more is needed. If instructed, a pea-size amount can also be used on the chest or back.
- You must use moisturizer with this product. Apply moisturizer after the medication. If you are dry or irritated, apply the moisturizer first.
- Be patient, results slowly increase with time, and it is 2-3 months before a more noticeable change will occur.
- Use sunscreen every morning, as the medication will initially make you more prone to sunburn.
- If you plan to wax any hair in the area treated, you will need to stop the medication 1 week prior to waxing as tolerated.
- Stop using if you become pregnant.

If you have any questions or concerns, or experience an unexpected reaction, please call us immediately. A physician can always be reached after hours through the answering service. We are happy to speak with you any time (310) 546-1188.