

NINA DESAI, MD

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PROFESSIONAL STATEMENT

Dr. Nina Desai is a board-certified dermatologist specializing in all facets of dermatology—general, cosmetic, and pediatric—closely and compassionately working with patients of all age ranges to develop individualized treatment plans. She is an efficient and effective diagnostician with strong surgical and dermoscopy skills. Her cosmetic dermatology expertise includes injectables (neuromodulators and dermal fillers), laser and light treatments, skin tightening and body sculpting, microneedling, PRP, chemical peels, sclerotherapy, skintag and flat mole removal. Flexible and easy to work with, Dr. Desai excels in organization and communication, and is extremely well liked and respected by patients and staff.

CURRENT POSITION

2015-present Manhattan Dermatology — Manhattan Beach, CA Dermatologist

PAST POSITION

2009-2014 Tribeca Skin Center — New York, NY Dermatologist
2009-2010 Park Avenue Skin Care — New York, NY Dermatologist
2009-2014 Beth Israel Medical Center — New York, NY Associate Attending Physician

EDUCATION

2005 Alpert Medical School, Brown University — Providence, RI MD Medicine
2000 Brown University — Providence, RI BS Psychology

RESIDENCIES + POSTGRADUATE TRAINING

2006-2009 Mount Sinai St. Luke's-Roosevelt Hospital — New York, NY Dermatology Resident
Chief Resident, 2008-2009
2005-2006 Mount Sinai St. Luke's-Roosevelt Hospital — New York, NY Preliminary Intern, Internal Medicine

BOARD CERTIFICATION

2009 American Board of Dermatology Diplomate

LICENSURES

2015 Medical Board of California License #A111867
2009-2014 Medical Board of New York License #254065

HONORS + AWARDS

2004 Doris Duke Clinical Research Fellowship Award Harvard Medical School
Pasteur Fellowship Award
2001 Diversity Mentorship Scholarship American Academy of Dermatology

MEMBERSHIPS

2009-present American Academy of Dermatology Member
2009-present American Society of Dermatologic Surgery Member
2009-present Women's Dermatologic Society Member
2009-present Society of Pediatric Dermatology Member

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PUBLICATIONS

- Desai N**, Smith B. Cutaneous Rosai-Dorfman Disease—A Positive Response to Prednisone, 2009. In progress.
- Heath C, **Desai N**, Silverberg N. Perianal Staphylococcus Aureus Infection in the Pediatric Population... A Pathogen on the Rise, 2009. In progress.
- Desai N**, Alexis AF, DeLeo VA. Facial Hyperpigmentation Caused by Diltiazem, 2009. In press.
- Desai N**, Smith B. What Caused This Hyperpigmented Patch on This Woman's Leg? Skin and Aging, 2009 March 17(3)55-56.
- Desai N**, Alexis AF "Atopic Dermatitis and other Eczemas" book chapter in Dermatology for Skin of Color. Eds. S Taylor and AP Kelly. McGraw-Hill, 2009. In press.
- Desai N**, DeLeo VA, "Allergic Contact Dermatitis" book chapter in Dermatology for Skin of Color. Eds. S Taylor and AP Kelly. McGraw-Hill, 2009. In press.
- Akhavan A, Alghaithi K, Rabach M, **Mirchandani N**, Cohen SR. Allergic Contact Stomatitis Dermatitis. 2006 Jun;17(2):88-90.
- Clark RA, Chong BF, **Mirchandani N**, Yamanaka K, Murphy GF, Dowgiert RK, Kupper TS. A novel method for the isolation of skin resident T cells from normal and diseased human skin. J Invest Dermatol. 2006 May;126(5):1059-70.
- Clark RA, Chong B, **Mirchandani N**, Brinster NK, Yamanaka K, Dowgiert RK, Kupper TS. The vast majority of CLA+ T cells are resident in normal skin. J Immunol. 2006 Apr 1;176(7):4431-9.
- Yamanaka K, Clark R, Rich B, Dowgiert R, Hirahara K, Hurwitz D, Shibata M, **Mirchandani N**, Jones DA, Goddard DS, Eapen S, Mizutani H, Kupper TS. Skin-derived interleukin-7 contributes to the proliferation of lymphocytes in cutaneous T-cell lymphoma. Blood. 2006 Mar 15;107(6):2440-5. Epub 2005 Dec 1.
- Mirchandani N**, Hawit F, Silverberg NB. Cutaneous signs of neonatal and infantile immunodeficiency. Dermatol Ther. 2005 Mar-Apr;18(2):176-83.
- Mirchandani N**, Dill SW, Lapidus C, Schappell D, Robinson-Bostom, L. A Painless Palmar Nodule. Pediatric Dermatology. 2004 Sep;21(5):606-7.
- Patel SR, Zaydfudim V, Nassery SM, Khan NI, Jorgensen DK, Garvey MG, **Mirchandani N**, Derevianko A, Moulton AJ. Lifestyle differences between surgical attendings and residents at Rhode Island Hospital. Med Health R I. 2003 Feb;86(2):45-7.

PRESENTATIONS

- Desai N**, Smith B. "Cowden's Disease." 2007 American Academy of Dermatology: Live Patient Viewing and Discussion.
- Mirchandani N**, Clark RA, Kupper TS. Denileukin diftitox is effective in patients with low expression of CD25: A retrospective chart review of 16 patients with CTCL. Society of Investigative Dermatology Annual Meeting: Poster Presentation and Abstract.
- Mirchandani N**, Clark RA, Kupper TS. Isolation and classification of T cells from normal skin and CTCL skin: A novel approach. Soma Weiss Research Day, Harvard University: Poster Presentation.
- Mirchandani N**, Clark RA, Kupper TS. Denileukin diftitox is effective in patients with low expression of CD25: A retrospective chart review of 16 patients with CTCL. Eastern Atlantic Student Research Forum: Oral Presentation.
- Granstein R, MD. Studies of Zeaxanthin Effects on UVR-Induced Immunosuppression, Weill Medical College of Cornell, New York, NY. Research Investigator.
- Kupper TS, MD; Clark RA, MD, PhD. Harvard Skin Disease Research Center, Department of Dermatology Brigham and Women's Hospital, Boston, MA. Doris Duke Clinical Research Fellow and Pasteur Fellow.
- Lapidus C, MD. Obtaining Information on Atopic Dermatitis, Rhode Island Hospital, Providence, RI. Research Investigator.
- Geronemus R, MD. Laser and Skin Surgery Center of NYC, New York, NY. Research Investigator.
- Moulton A, MD. Assessing the Lifestyle of Surgical Residents and Attendings, Brown University Medical School, Providence, RI. Research Investigator.
- Kapila R, MD. HIV and AIDS in Adolescents, New Jersey Medical School, Newark, NJ. Clinical Research Intern
- Chaudary S, MD; Sethi V, MD. Depression after Myocardial Infarction, Robert Wood Johnson Medical School and New Jersey Medical School Newark, NJ. Independent Research Intern.